

## WHAT'S ON - ST AUGUSTINE'S PARISH HALL (REGULAR CLASSES)

<b>MONDAYS</b>	9.30 -10.30am	Karate Fit	Term time	<a href="#">Andrew Kanias</a> 07917 420180
	10.45am – 11.45am	BarreConcept		<a href="#">Louise Lloyd</a> 07539 342827
	1.30-3.30pm	Line Dancing		<a href="#">Sian Jenkins</a> 07810 188100
	4.45-5.45pm	Miriam Riseborough's Ballet School	Term time	<a href="#">Miriam</a> 07977 898622
	6.00-7.30pm	Yoga		Jackie Marshall 029 20708762
	8.00-9.00pm	Zumba		
<b>TUESDAYS</b>	10am-1.00pm	Line Dancing		<a href="#">Sian Jenkins</a> 07810 188100
	4pm – 6pm	Street Feet Dance	Term time	<a href="#">Cerys Vaughan</a> 07584 435413
	7.15pm-8.15pm	Latin & Ballroom for Improvers	Term time	<a href="#">Helen Young</a> 07974 120439
	8.15pm-9.15pm	Latin & Ballroom for Intermediate	Term time	<a href="#">Helen Young</a> 07974 120439
	9.15pm- 9.45pm	Latin & Ballroom practice session	Term time	<a href="#">Helen Young</a> 07974 120439
<b>WEDNESDAYS</b>	10am-1pm <b>(2nd Wed of Month)</b>	Penarth & District Quilters		Cilla Parsons 01446 700760
	2.30pm-4pm	Extend - movement class for older people		Margaret Billing 02920 757302
	6pm-7pm	Zumba		<a href="#">Samantha Escofet</a> 07810 821377 or Amy Rasbuary 0754512765
	7.30pm-8.30pm	Latin & Ballroom for Beginners	Term time	<a href="#">Helen Young</a> 07974 120439
<b>THURSDAYS</b>	9.15am-11.15am	Tots Group		Pat Brey 029 20350100
	2.30pm (usually) <b>(1<sup>st</sup> Thurs of month)</b>	Mothers' Union		Delyth Williams 20705898
		(We don't take regular bookings on Thursday as we use the hall for parish events. One-off bookings may be considered if nothing else is on)		
<b>FRIDAYS</b>	10am-12.00pm	Line Dancing		<a href="#">Sian Jenkins</a> 07810 188100
	4pm-8pm	Miriam Riseborough's Ballet School	Term time	<a href="#">Miriam</a> 07977 898622
<b>SATURDAYS</b>	9am-4pm	Miriam Riseborough's Ballet School (except 4 <sup>th</sup> Sat – check with Miriam)	Term time	<a href="#">Miriam</a> 07977 898622
	10am-4pm <b>(4<sup>th</sup> Sat of month)</b>	Penarth & District Quilters		Cilla Parsons 01446 700760
<b>SUNDAYS</b>	7.30pm-9.30pm <b>(every 2nd week)</b>	John Chard Dance Class (Latin & Ballroom)		